

Naphill Walter's Ash Gazette



March 2021

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Naphill & Walter's Ash Gazette March 2021



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Bridge Club	Margaret Stagg	01494 530736	
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Naphill	Martin Beddows		naphillcubscouts@outlook.com
Football Club - Junior	Andy Sinclair		mailto:naphillfc_cwo@yahoo.com
Senior	Harry Salter	07403 249208	
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Good Companions	Pat Furness	01494 565501	
Guides (Naphill)			
Men's Club	Andrew Wasilewski	01494 562770	naphillmensclub@yahoo.co.uk
Residents Association	Gloria LeFlaive	01494 563634	glorialeflaive@msn.com
Naphill Evening W.I.	Sarah Bacon	01494 563479.	Sarah.bacon39@googemail.com.
Naphill Neighbours	Janet Judge	01494 563186	
Scouts (Naphill)	John Huddleston		naphillscouts@aol.com
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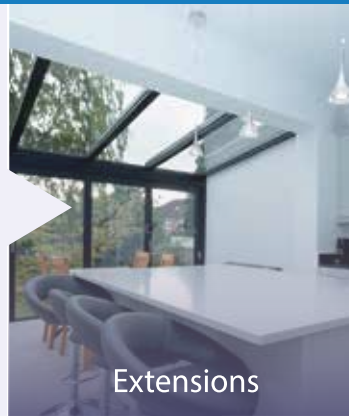
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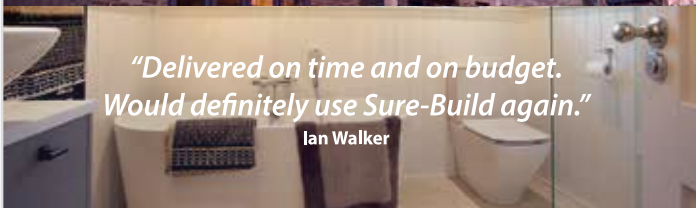


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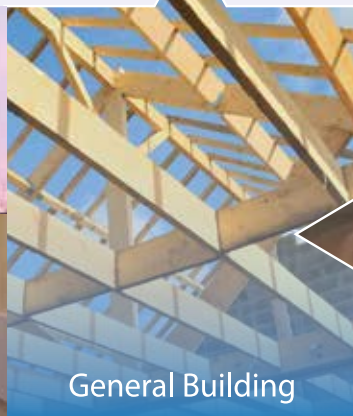
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Copy Date for April Gazette 15 March 2021

They say that every cloud has a silver lining and being honest, any silver linings associated with LOCKDOWN, are extremely well disguised for most of us! A regular conversation starter in this house, after the good morning to the terrible two Chihuahuas, the thank you to Himself for the cup of coffee, is to ask Himself where he is going today. I am no longer surprised or shocked when I get an answer like, "Oh I will be in Norwich this morning, I am in New York this afternoon and I am meeting up with the Wycombe Camera Club members in Namibia this evening." Thanks to modern technology, our great internet connectivity, Himself literally ZOOMS around the world all day and every day on photographic courses and lectures without ever leaving the house! A very different way to travel the world and meet new people!

Communication during LOCKDOWN is something I am sure we are also very grateful for and something which most of us take for granted. Many of our local groups have Facebook pages and websites where they are able to post their latest news and keep their members updated. I am especially proud of the village website, www.naphillandwaltersash.org.uk which our webmaster, Peter Davis runs so efficiently for us. Without this facility there would be no published Gazette this month, so thank you

Peter. Special mention too to our Facebook coordinators, Andria and Karen, we now have well over 500 members on our page! Our business advertisers are appreciating the extra value this page adds to their advertisement with us and it is so encouraging to see the community coming together to support the competitions. What I admire most about this page is that it is positive, it is brilliantly run so there is never any bickering or spiteful comments, something I aspire to maintaining in the Gazette.

I had several phone calls this month from some of the older members of the community who were missing their Gazette and I am very sorry that they will miss out again this month. Back to the positive! I am hoping that the LOCKDOWN restrictions will be eased enough to print the April Gazette and that we will be able to have a bright and cheerful Easter edition. My thanks to everybody who has contributed to this edition and special thanks to Dave Talbot for the snowdrop photos!

Stay safe everyone and I look forward to talking to you all again next month.

,Best wishes,

Sonia

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Naphill Village Hall & Playing Fields Council Chairman's Report

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On 1 February a Zoom meeting of the committee was held, there were 18 members online.

The village hall is still closed in accordance with the government rules and there were a few items to discuss. The first item was that a message had been sent to the committee members who attended the Zoom meeting in January. This was a breach of trust between the committee members. The personal contact details of the committee members are private. It was discussed and the member who was responsible had erroneously given the details to a person in the village. We are taking steps so that this will not happen again. If you would like to get in touch with the village hall committee there are email links on the village hall website. The emails will be acknowledged and discussed by the committee and a reply will be forthcoming.

The play area is open and being well used. The car park gates are closed until the village hall reopens. There has been some vandalism to the hall, the door hooks for Bon Ami have been broken off. The taking down of the Christmas tree lights has been delayed by the bad weather but they will be down before

you read this. We have a new village hall sign and this will be erected when the lights are removed from the tree.

The boiler has been inspected by the company that services it and would you believe that the leak has stopped! It was suggested that the heating was turned down so that the leak could be investigated but so far it has not leaked again. We will continue the process of obtaining quotes for a replacement system as this always appears to take quite a while.

At the meeting it was agreed that the AGM would be held on the 29th. March this year. The meeting will be held on Zoom. The meeting is open to the public. If you would like to attend please contact me via the website for a zoom invitation. The meeting will start at 8.00pm. The village hall website is

www.naphillvillagehall.org.uk and use the chairman email link.

I hope you are all safe and well

Clive Lawrence
Village Hall Chairman





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Chris Miller - Chairman

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I'm writing this immediately following our AGM, held remotely using Zoom. Several members have commented that they found it, and particularly the subsequent talk given by Marian Miller, useful and informative. I was personally relieved that the technology didn't give us too many problems.

Because of Covid restrictions, none of our regular FoNC activities are taking place at present, but we can still enjoy the attractions of our Common, whether walking, cycling or riding. Last month, I started to write about the problems posed by non-native, invasive animal species which have become established and are causing problems, in and around Naphill – covering three mammals: the Grey Squirrel, Glis glis and Muntjac. So this month we'll look at three non-mammals.



To begin with, the Ring-necked Parakeet. They were first seen in significant numbers around the Thames in London, during the 1970s. Today their flocks have grown to huge numbers around Twickenham and Kew, and they have spread along the Thames and are now a common sight in Marlow and, more recently, Oxford. They remain rare in Wycombe, but they've visited our bird feeders on a couple of occasions, most recently last year. There's an urban myth that they were initially released after the 1950 filming of John Huston's *The African Queen*, where they were used to create a tropical feel on set at Shepperton, but there's no evidence for this. These spectacular birds are about magpie sized, with a similarly long tail, but bright green in colour with a vivid red bill – quite unmistakable!

The next species I'd like to consider is the Asian Hornet, inadvertently brought to France from east Asia in 2004. It is a voracious predator on bees, including honeybees, and has caused significant problems for French beekeepers. Nests have been identified in Somerset and Gloucestershire, so it's not impossible they may be in the Chilterns, although there was only one confirmed sighting last year (in Gosport). Our native European Hornet resembles a large wasp, but the Asian variety has an abdomen that is almost entirely black with a single yellow band. Because they are a notifiable species, all sightings must be reported immediately – there's even an Asian Hornet Watch app!

Just to put your minds at rest – because I know some people have been worried – this is not the Asian (or Japanese) Giant Hornet that you may have seen on TV nature programmes and grows to 2" or 5cm long. The Asian Hornet is slightly smaller than our native species, so only half this size. It's worth pointing out that, while many people are understandably nervous around them, hornets are (unlike wasps) not aggressive and, being carnivorous, have no interest in our picnics. If you find a nest on your property, best advice is to leave it alone – hornets will do a great job of keeping garden pest insects under control.

Finally, the Signal Crayfish. Crayfish resemble a small (around 6" or 16cm) freshwater lobster, and were common in Chiltern chalk streams, with the native species being the white-clawed crayfish. In the 1970s, the British government introduced the signal crayfish from North America to UK waters to be 'farmed' for export. Unfortunately, it is a carrier of crayfish plague and is thought to be responsible for passing the deadly disease to our native crayfish, reducing their population to levels that are considered 'endangered'. Signal crayfish cause further problems by burrowing into river and canal banks causing erosion, bank collapse and sediment pollution. It is a fierce predator, feeding on a variety of fish, frogs and invertebrates, as well as plants, and even eating individuals of its own species. The Signal Crayfish is easily recognised by the bright red claws that give it its name.

Yet more on invasive plant species next month.

Chris Miller - Chairman




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Demystifying planning....a little - Permitted development and infilling explained

The sheer cost and disruption of selling and buying means that home owners are increasingly looking towards making improvements to their homes rather than moving. Building a small extension, adding a conservatory or converting a garage are commonplace alternatives. It is at the ideas stage that external advice should be sought if you are to avoid pitfalls and minimise the stress that building work brings! More often than not you will require planning permission even if you are simply updating your porch without increasing its size. At first glance this might seem onerous however there are sound reasons for this not least of which is the need to manage the visual impact of any home improvements. Living in an Area of Outstanding Natural Beauty nestling in the Green Belt we all have a responsibility to retain the character of our Green Belt Settlement and developments as a result are restricted. This is one reason why, for example the National Trust cannot simply chop down trees – permission is required so that the overall impact is assessed before chopping! This is more commonly known as Article 4. Visit www.planningportal.co.uk for further information.

Permitted development

This is not to say that development is not allowed because that is not the case. However, what is permitted is defined. Permitted Development is broken down into 8 categories:

Class A:

covers the enlargement, improvement or alterations to a house such as rear or side extensions as well as general alterations such as new windows and doors. From 30 May 2013 to 30 May 2019 a neighbour consultation scheme for larger rear extensions under Class A is required.

Class B:

covers additions or alterations to roofs which enlarge the house such as loft conversions involving dormer windows.

Class C:

covers other alterations to roofs such as re-roofing or the installation of roof lights/windows.



Class D :

covers the erection of a porch outside an external door.

Class E :

covers the provision of buildings and other development within the curtilage of the house.

Class F:

covers the provision of hard surfaces within the curtilage of the house such as driveways.

Class G:

covers the installation, alteration, or replacement of a chimney, flue or soil and vent pipe.

Class H:

covers the installation, alteration, or replacement of microwave antenna such as satellite dishes.

In addition there are rules relating to the erection or construction of gates, fences and walls, exterior painting, charging points for electric vehicles and CCTVs as well as the installation of solar panels.

A guide for householders can be found at :www.gov.uk/government/publications. Type in 'permitted development rights for householders' to access the technical guide. Your architect can also explain in layman's terms what this all means – it can seem confusing at times!

The Parish Council is a statutory consultee for planning applications and its committee meets every 3 weeks. Minutes of the Planning Committee are published on the Parish Council website (www.hughendenpc.org.uk/council-meetings/planning/ . This statutory role is an important one as the parish council is closest to the community and seeks to maintain the semi-rural nature of the area. Residents are also encouraged to post comments on the Buckinghamshire Council Planning Portal as these are considered carefully by both the Parish and the relevant Area Planning Committee. For Hughenden, the West Buckinghamshire Area Planning Committee considers each application on its merits, taking into account current legislation and planning policies. Committee papers can be found following

this link: <https://bit.ly/3qeyTCt>. Personal opinions carry no weight even though at times an application stirs emotions – usually against granting planning permission. The planning pages of Buckinghamshire Council provides lots of useful information including where to record your comments on individual planning applications.

Infilling

Whilst the Green Belt is heavily protected there are some exceptions when new buildings may be considered. For example, someone decides to build a house in the grounds of their house. This would be considered to be 'infilling' and the application will still be considered on its merits i.e. mindful that current planning rules are enforced.

A final word on planning

Three words actually that are fast becoming the bane of a planning committee councillor: retrospective planning application. This is when the applicant has not sought planning permission at the outset. This can be risky and costly. Imagine having to pull down an extension. Ignorance is no excuse and architects will know exactly when planning permission is needed. When in doubt: contact the Planning Department for the Wycombe Area.

Please remember that planning rules are set at a national level and interpreted by local planning officers.

Wycombe District now has a Local Plan which has been absorbed by the new Unitary, Buckinghamshire Council. Here is the link to it: <http://bit.ly/36TErdY>. A growing number of parish councils are developing Neighbourhood Plans to influence the shape of future developments. Bledlow-cum-Saunderton Parish Council used their Neighbourhood Plan to successfully challenge a proposed major housing development on the old Molins site. Perhaps a Neighbourhood Plan is the way forward?

*Hilda Stearn
Hughenden Street Association
Updated February 2021*



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A Message from Bradenham Vicarage

As March unfolds, we are already well into Lent. My daughter Charlotte's birthday this year happened to fall on Ash Wednesday, so we've had quite a number of conversations about Lent and the significance of this date for her birthday. I was fully expecting her to not 'do' Lent this year – she is a Sister in a major London hospital, at the forefront of caring for patients suffering from Covid and other ailments. For her, as for most of us, it seems like it has been Lent for the whole of the past year. We have all been forced to give up many of the pleasures we have taken for granted. Pleasures like leisurely swims in heated indoor pools, rumbustuous dinners out with friends, picnics, concerts, outings to the cinema, holidays to far away destinations that simultaneously relaxed and informed. For some of us, the only pleasure that remains is to curl up on the sofa dressed in a onesie, with a bar of chocolate in one hand and glass of wine in the other, watching boxed sets on Netflix. And now we are supposed to give up stuff like wine and chocolate!? For a whole six weeks!?

We belittle Lent when we see it as simply a season of 'giving up'. The purpose of the 'giving up' was to make space to better focus on spiritual reflection. Whatever your faith, taking time to reflect on the past year is vital and will help us to form some form of narrative on recent events. For two millennia, the Christian Church has provided a framework within such narratives can be structured, but it also

challenges us to view our lives through the lens of eternity. It will hold its most important celebration at the end of this month and the beginning of next – Easter. During the final week of March, we will retell the story of how a young, outspoken teacher in a small outpost of the Roman Empire was hounded to death as a matter of political expediency. A sad story that has many echoes for us now in the stories of those such as Thomas More, Edith Cavell and Archbishop Oscar Romero to name but a few. But where the Christian story differs is in what happened 3 days after Jesus was put to death. In a world-changing event that no one at the time saw coming, Jesus Christ overcame death and returned to life – an event known as the Resurrection which took place on the very first Easter Day.

For many of us, this will have been a difficult winter, adding on to a difficult year. Nothing will make any of this go away or change what has happened to our world. Lent gives us a 'tailor made' opportunity to reflect, but our reflection should be in the light of the great Christian celebration of Easter. A shameful death was followed by the glorious Resurrection; the hardships of the past year can be followed by another resurrection in the form of new hope and vision for our world.

May you know God's blessing now and always.

Rev Jenny Ellis



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A Message from Saint Michael's and All Angels Vicarage

A few days ago, I bought a small bunch of daffodils from our local village shop. I took them home, placed them in water and put them on the window ledge of my study and waited.

I should say that at this stage they were merely flower buds. I bought them in anticipation of them blooming into flowers. I didn't ask for a guarantee from the shop keeper that I would get beautiful flowers, that was more of an unspoken understanding between us.

I didn't have to wait long.

Within a day or two several buds began to respond, no doubt encouraged by the water and the sunlight I had given them. Little by little, each bud slowly opened up to display all its glory, and Spring had arrived at the Vicarage, at least in my study, anyway.

The more I looked at these beautiful flowers, the more I was convinced that they looked like a heavenly throng, proclaiming the glory of God to all who would listen.

I am writing these words during the cold winter days of mid-February. Spring seems a long way off. January was a bleak month for many, and I am not alone in holding on for the Spring.

Spring is coming. I bought the daffs to cheer me up and to give me a foretaste of things to come.

We all need things to look forward to. I wonder what hopes keeps you going. Waiting for that day when you can have that delayed Birthday party, hug your family again, go on that walking holiday, lie on a sandy beach in the Mediterranean, or just go out

to a restaurant with a group of friends for a relaxed evening, enjoying good food and a glass of wine or two.

Most of us have adapted to a greater or lesser extent during lockdown by changing our daily patterns – jigsaw puzzles, family Zoom quizzes, and a walk and a talk have become popular pastimes.

There has also been plenty of opportunity for quiet contemplation. I have never spent so many hours in our garden as I did last Summer, often content to sit and think, read a book, watch nature in all its majesty, and benefit from lots of fresh air.

Every Sunday we livestream St Michael's @ 10, via Hughenden Church YouTube channel. It is also available to watch on demand at your convenience. National research has revealed that about 20% of those who watch online Church services were not regularly church attenders before lockdown. With this in mind, Oxford Diocese have offered the opportunities for those on the fringes of the Christian faith to sign up to access regular resources throughout Lent. It also gives the opportunity for individuals to be referred to their local Church, to find out more about the Christian faith, together with an invitation to come along to Church in person, should they wish once lockdown restrictions have eased.

If this applies to you, please visit: [oxford.anglican.org/come-and-see/](https://www.oxford.anglican.org/come-and-see/) for more details.

May God bless you as we welcome Spring into our parish.

Rev Keith Johnson

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Growing Your Own

Use your vegetables WELL! - Delicious vegetables soup and MORE!

One of the delights of March is to savour delicious "allotment soup". This is where I make use of various root vegetables which are reasonably immune to the effects of snow, frost and incessant rain. I start the cooking off with finely chopped leeks, browned in the pressure cooker along with some garlic and perhaps the odd onion. Then I add whatever is to hand, such as carrots, turnips if available, a few parsnips, perhaps a few potatoes, celery, perhaps salsify, and complete the mixture with pieces of cooked chicken. After the pressure cooker has done its work I have the most delicious soup one can imagine. Apart, that is, from simple leek and potato soup with a little garlic added, plus crème fraîche at the end of cooking. Two soups to die for!

I have found a way to stop Muntjac deer from eating my carrots, which I leave in the ground all winter. I simply cover the row with a roll of wire chicken netting and that always works. As for celery, I protect the plants against frost by putting fleece over and that seems to work most winters. Some of my celeriac this winter were about twice the diameter of the largest I have grown before; I cover them with fleece and reserve the celeriac to be eaten as a salad as céleri rémoulade, finely grated along with carrots in a food processor, and with mayonnaise, olive oil and capers added before serving. What joy! After all, the whole point of growing your own is to be able to eat really fresh

vegetables and fruit which is rich in nutrients and free of man-made chemicals.

As for work on the allotment and in the garden, March is a month for tidying up and completing the spreading of farmyard manure. The greenhouse should be clean by now and all ready for the new growing year. On one side of my greenhouse there is a deep bed in which I grow tomatoes. The soil, over 12 inches deep, consists of almost pure farmyard manure which has been applied over 30 years, so providing a growing medium which is water-retentive and very, very rich in nutrients. On the other side of my greenhouse I have raised staging on which I place 75-litre bags of multi-purpose compost and use them as grow bags for peppers, aubergines and cucumbers. Before planting out I add generous quantities of slow release fertiliser pellets, since garden centre compost has only a small amount of plant food in the mixture. I start off all my greenhouse crops in a dark, warm place and bring them out into the light as soon as they have germinated, then place them on a warm, sunny windowsill. Some other crops such as celery, celeriac and parsley are started off on the windowsill since they seem to need light to germinate.

Happy gardening!

Mike Mason

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- Chips 3.00

The Wheel

Unbelievably, that is another month in lock down done! On the upside hopefully its another month closer to opening. Within the trade we have no sneaky inside information, so what you know is the same as us.

Mark and I really cannot thank everyone for all the wonderful support whether that's been buying takeaways, stopping for a well-earned hot chocolate or just a simple phone call. We always knew there was a reason we loved this village.

We will carry on doing the takeaway service on Friday and Saturday evenings and the amazing Pit Stop during the day. Personally, I love the Pit Stop as it seems to give everyone a little bit of normality while waiting for hot food and hot drinks, and getting to speak to someone different, which is essential for all our mental health. We are very fortunate to have the Spare Wheel where we can legally serve you from, as do many other coffee shops (and you don't even need to come inside)!

Maxii and Molly are going crazy missing everyone, hence all the barking (sorry for that)! They love seeing you all during the Pit Stop and highly recommend the hot jumbo sausage rolls!

Our flexi furlough staff have been amazing helping and working to keep us going, so that we will be here in the future. Thank you, Chloe, Julia and Chef, you have helped with our sanity, and it's great to have your support.

We are constantly working to the future and re-opening to ensure your safety is a priority. In the meantime, with the nights getting lighter and hopefully some spring weather on its way we will be looking at adapting our opening times again. Currently our website is going through an overhaul so the best way to keep up to date is with Facebook and look out for our signs and posters.

Thank you again.

Claire and Mark

We are missing you! *love Molly & Maxii*





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Shear Madness

Happy Birthday to us!

Wow, I can't believe we have been in the village for 10 years ! We've seen lots of people come and go over the years and some are still very missed. I absolutely love being part of our community and I always try and help wherever I can whether it be supporting local fetes, raffles and schools as well as personal help. When Lynn passed away after 3 years in business that's when the villagers looked after me some even brought me food, shepherds pie and lasagne. It was so overwhelming at the time but it made me appreciate you even more. Even during this crazy pandemic you are all being amazing helping people like our lovely postman Julian, I know he's been getting bits of shopping for some of you and he's even been delivering the shop post to my home in Aylesbury, you are all wonderful, keep going !

Lockdown pets, I know some are loving having mum and dad at home all day but some like my Zak are missing the company. He's really quite sad so I think when we are eventually back he's going to be as noisy as ever, sorry Leigh Lewis ! And the cat, well he couldn't care less either way.

*Stay Safe,
Love as always,
Mandy x*



About our business!

Hi I am Ray Pullen and I'm a professional chef with a real passion for all things food! My partner, Nathalie, and I are resident in Naphill and we are very much enjoying sharing our passion for cooking and our take away dishes with the local community. I publish a regular weekly menu on my Facebook page and I send this menu out via email, to my subscribers. If you want a SPECIAL meal which is not on the weekly menu, if you need a chef for a private event or function please get in touch! Our contact details are below.

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From My Kitchen

Mother's Day - 14 March!

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I publish my menu for the coming week the weekend before service commences. Please see my Facebook page, Rays Kitchen Naphill and join my subscribers list to receive regular updates via email.

Best wishes,

Ray & Nathalie


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- Regular exercise has been proven to fight fatigue and boost energy levels, so wrap up warm and visit Lindengate, where you will be able to take time for yourself in our 5 acre therapeutic gardens and wildlife haven.

- Why not bring someone from your household or support bubble, or meet a friend safely for your daily exercise, which can improve your mental wellbeing.
- Whether you are a key worker, or home schooling, we have space for you to bring supervised children and quiet areas for those seeking peace and a safe space.
- We have plenty of sheltered areas dotted about our 5 acre site and being amongst nature boosts your health and wellbeing.

Lindengate is a well known mental health charity, near Wendover. Whilst we are currently unable to keep all our services open, our free drop-in Rest and Reflect sessions, which have been running since June 2020 and welcomed over 1,500 people, are open to anyone who may be struggling with their wellbeing, or just want a safe space to enjoy nature.

Take a look at our website for full details and other ways that you can look after your wellbeing.
www.lindengate.org.uk

Rest & Reflect

For anyone struggling with their wellbeing

Rest & Reflect

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- ♥ Plenty of sheltered areas dotted about to meet with a friend for a chat, bring a flask of tea or coffee.
- ♥ Bring a book, sketch pad or take some photographs of the beautiful and tranquil surroundings.
- ♥ Children are welcome on Saturdays - please ensure that they are supervised at all times and respect their surroundings and other visitors.
- ♥ 1st Saturday of each month, Rest & Reflect will be open to women only.

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Will 2021 be the year we can meet up again in Halls and Houses? We all hope so. It seems an age since our High Wycombe u3a held its Christmas Coffee Morning 'online' last December. We usually hold it in Naphill Village Hall and meet our friends and see what their Group has been 'up to' over the past year. Many of us were more optimistic that 2021 would bring us the opportunity of meeting our friends again in Halls or Homes. But it was not to be and although the vaccination programme is well underway it seems likely that the current lockdown will continue through the Spring and potentially the summer. Some reports suggest social distancing will remain in place for the rest of the year. This is, of course, the last thing we wanted to happen. For our Groups it means that we will continue, even redouble, our efforts to retain not only our own individual Interest Groups but also inform our friends and neighbours in our communities of the benefits of membership.

In many ways it is becoming more difficult for our Interest Groups given the increasing awareness -and technical ability - of the public to access a rich variety of output on television and the internet. The u3a itself, of course, through its Thames Valley Network, for example, is offering a rich variety of additional programmes to our own. These are proving very popular as they are able to offer additional guest speakers. Our own Monthly General Meetings also bring you the expertise of guest speakers presenting on a wide range of subjects and we've a programme right through to the summer.

Our web site gives the full programme of our Interest Groups, including dates and times, where you can explore subjects such as Photography, Science, Art, Local History even Reading for Pleasure. There are around 40 Interest groups to choose from. Groups meet monthly in homes or village halls, although currently they are meeting virtually, on Zoom. And we've a new Film Club where our own local 'experts' introduce you to understand more about the various genres of film, including the directors and composers of those exciting musical scores. You need no prior knowledge, just watch one or two films before a meeting and bring your thoughts to share with others. Please open this link to our web site to see what all our Groups are offering. It might just be the time to experience something new and meet new friends, presently socially distanced through the internet.

[High Wycombe & District U3A: Home \(u3asites.org.uk\)](http://u3asites.org.uk)

Some of our recent events have included: A talk on Landscape Gardening, our own 'Grand Tour' of Europe starting in 1787, Women in Science, The Citizens Guide to Climate Change and discussions on cities for the future and participating in the Health Ageing Network operated by Oxford Brookes University. Through our members we have access to many external sources including web sites as well as colleagues with a wealth of expertise and experience to share with us all. And all this for £20 per annum to attend as many of our events as you like. How's that for value! Even LIDL can't offer you that. Please do ask for more information. Our Membership Secretary would be pleased to help.

In a strange way the pandemic is causing us to rethink the ways in which we are all living our lives and one of our Groups is keeping an eye on the research which monitors consumer behaviour and the response of manufacturers and service providers to a changing scene. What will happen to our High Streets? Will 'cash' become even more redundant as we go increasingly pay by card. What long term changes will need to be made in the provision of social services including design of housing, cities and transport as society adjust to a world of home working, more 'staycations', an increasingly diverse population -not forgetting the global challenges of climate change -and topically vaccination of 7 billion+ people, potentially on an annual basis?

Of one thing we're sure, whilst some of us may have some doubts as to whether our national, local and international leaders are up to the challenge, we can in our small way through our u3a not only discuss the issues but offer support through our Groups to those less fortunate, especially helping to tackle loneliness in our community, occasioned by the continued lack of social contact. Perhaps you or you might know someone who might like to join us? I know they would be surprised at what great friendship opportunities await them in our u3a. [Contact our Membership Secretary on: tjboreman@hotmail.com](mailto:tjboreman@hotmail.com)

Paul Gillam



Lots of interesting meetings to join during lockdown!

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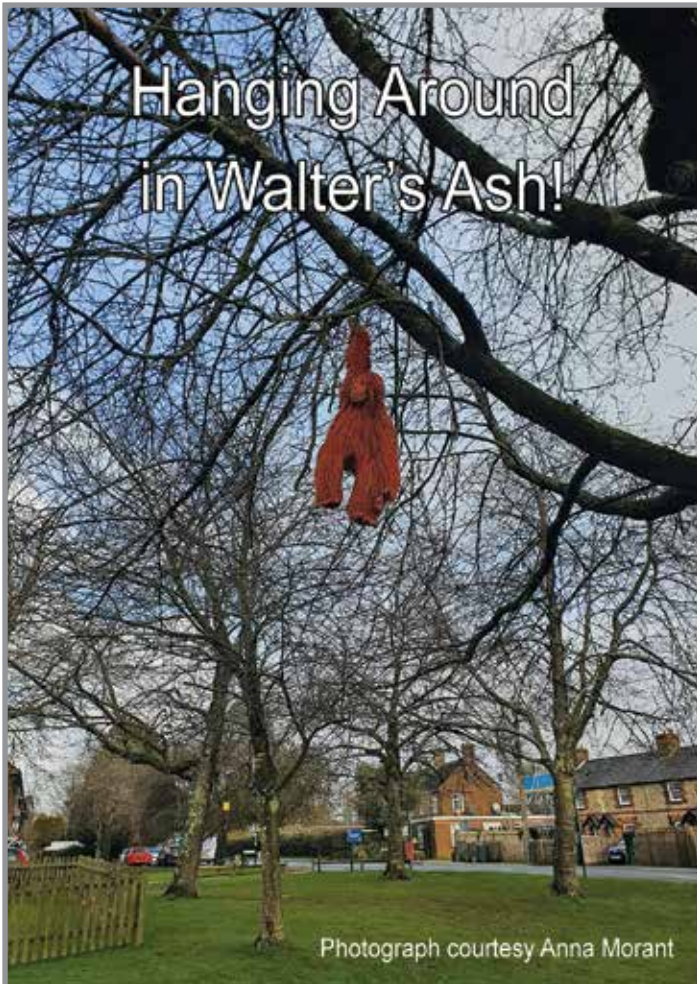
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Wycombe Photographic Society

In February we invited the photographers who have shown their superb photography skills on the Naphill and Walters Ash Gazette Facebook page to attend our evening with a guest speaker from Namibia who showed images of where he lives and works. The wildlife images of birds and four legged animals blew us away. A great night was had by all.

March is our month for a number of interclub championships which include one evening which sees nine clubs including ourselves competing. Also during March there is another inter club competition in which we are competing to represent our area in a southern England competition.

April does see a couple of guest speakers and invitations will come through the Gazette Facebook page.

One of these nights will be a talk on "The Power of Sport" and the other on "The Northern Lights"

For full details of what is going on at Wycombe Photographic Society please look at our website – www.wycombephotographicsociety.org.uk

Come along to one of our virtual meetings where you will be made very welcome and as I always say in these articles..... every member started off as a "club newbie" at one point in time so do not think that your photographic skills may not be that good.

We all learn something each meeting which helps our photography.

Don't forget that everyone who has a smart phone has a camera with them at all times so no excuse for not taking a great photo when it is right in front of you.

We recently had a guest speaker who demonstrated just what can be done with the camera on your phone and the images that were shown on the night were absolutely stunning.

David Greenwood

Membership Secretary

Wycombe Photographic Society



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Dr Torsten Moehl
announces
Pura Vida Dental is back!



After nearly a year of enforced closure due to the COVID-19 pandemic and related business issues, the practice is set to reopen its doors at the beginning of March in the Main Road of Walters Ash.

As with so many small businesses up and down the country, the past year has been a rather trying one. When one's entire worldly fortune has been invested in restoring a landmark building in the village, and this sits idle for this period of time, it does bring with it a series of challenges. But we have been greatly humbled by the generosity and support extended to us by the many people of the village in these trying times, whom we cannot thank enough for providing us with great solace and encouragement.

My first encounter with the generosity of the local community would be on a sweltering Sunday afternoon in June, when the building work in the practice was still ongoing. I had resolved to tame the overgrown garden myself and was in the process of trying to dig out another one of those tenacious tree roots buried deep in the dusty soil. I must have looked a sight since two young girls, whom I had spotted earlier coming out of the Co-op store opposite the

practice, suddenly made an appearance alongside me. "We'd like you to have this", said the elder one as she dropped her change of coins into my grimy hand. That day I knew I was in the right place!

My mission for the practice has always been that it should form one of the keystones that enriches the greater community by enhancing the dental and oral health of all age groups, which is a vital part in one's general health and well being. This has sadly been interrupted by our temporary closure, but I am very pleased that my vision to serving this community can finally be realized with the reopening of the practice. The health concerns relating to the COVID-19 pandemic has meant that we have made further extensive investment in the practice in the form of equipment and changes in operating procedures to ensure a safe environment for all our patients and staff alike. We are very excited to being able to invite you to visit the practice, and look forward to seeing you all again soon.

Torsten and Kim Moehl,
and the team at Pura Vida Dental



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If you find yourself putting up with reduced flexibility and aches and pains, why not try to manage them in a different way? Many of my clients report that after even short periods of increased good quality exercise and flexibility work, they notice they have better balance and strength, and that neck, shoulder and lower back niggles have been alleviated or have even gone away altogether, whatever age they are.

If you would like to attend a free Zoom session during March, where we can assess your posture and flexibility and I can share some tips and advice tailored to you, then please give me a call or message or email me via your preferred contact option below

The good news is that the human body is an amazing machine, and adapts in positive ways to rise to the challenges we throw at it. When your car develops strange noises and rattles you would take it to the garage to be fixed, surely your body deserves more, not less, TLC. What have you got to lose?

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PLANNING

The following are planning applications received by Bucks Council between 11 January to 13 February 2021 for Naphill & Walter's Ash. Any responses by NAWARA appear in full on the Bucks Planning website.

Awaiting Decision

21/05080/FUL 247 Main Road, Walter's Ash. HP14 4TH. Construction of single storey infill and rear extension with internal alterations. Received 13.01.21. Validated 13.01.21.

21/05056/FUL 6 Main Road, Naphill. HP14 4QB. Householder application for construction of front porch, single storey rear extension, single storey side extension for fireplace, reduction of double garage for conversion into home office, replacement windows, internal and external alterations. Rec. 09.01.21. Val. 22.01.21.

21/05017/CLP 154 Main Road, Naphill. HP14 4RU Certificate of lawfulness for proposed garden room to rear with timber deck for the use for beauty treatments. Rec.05.01.21. Val. 29.01.21

21/05343/FUL 141 Templewood, Walter's Ash. HP14 4UF. HA for single storey rear extension. Rec. 07.02.21. Val. 10.02.21.

21/05295/FUL. 24 Main Road, Naphill. HP14 4QB. HA for construction of single storey rear extension. Rec. 03.02.21. Val. 08.02.21.

21/05207/FUL. 46 Main Road, Naphill. HP14 4QB. HA for construction of two storey side extension. Rec. 26.01.21. Val. 09.02.21

Permitted.

19/07453/FUL Anns Cottage, Naphill Common Naphill. HP14 4SU. Bordering Walter's Ash Allotments Demolition of existing 2 storey detached dwelling and redevelop site to form a single 2 storey detached 4 bed dwelling with new drive, parking and hard/soft landscaping.

20/08274/FUL 130 Templewood, Walter's Ash. HP14 4UF. Single storey rear extension.

20/08276/FUL Little Orchard, Downley Road, Naphill. HP14 4QY. Part single storey/part two storey side/rear extension.

20/08413/FUL. 12 Grimms Meadow, Walter's Ash HP14 4NE. Single storey side extension.

Permission with Planning Obligation 19/08031/FUL Clappins Field. Erection of 63 dwellings with vehicular access from Clappins Lane

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Currently not needed. Soup, Fish. Peas & sweetcorn, Crisps & confectionary, Sanitary pads, Nappies, Alcohol, Homemade jam.

Gloria Leflaive 563634

Secretary Naphill & Walter's Ash Resident's Association

David Carroll - Buckinghamshire Councillor

Dear Residents

I know it's been very challenging for all of us over the past year. Residents contact me on many issues, which I try to resolve or direct to the right people who can help and support them. I often find that sharing a problem and talking it through helps resolve the tensions.

I called the Ann's Cottage application into the planning committee for many reasons, bad access, public safety, in an Area of Outstanding Beauty, green belt and detrimental to the area. Unfortunately this application was still given planning permission. I continue to work with my fellow councillors, community groups and local residents towards preserving and protecting our area ensuring that it remains a great place to live.

Keep safe

David.

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Thoughts from a Seasoned Home Educator

What are your thoughts on home schooling? How are you coping with this current situation whilst juggling work, home schooling and home life? Are the current BUZZ media terms helpful or do they add to our fear of failure and letting our children down?

You see I am a long time home-educator and I take my hat off to every parent thrown in the deep end possibly currently trying to home school their children, whilst working at home or managing their own pandemic stress and concerned that the idyllic calm portrayed in the media, is nothing like their home life and it is certainly nothing like this in our home either, even as home educators of choice with much experience to draw on!

Our home education is noisy and chaotic BUT and it's a big but because it's a long-term thing – we found our rhythm over years not a few months – you guys have been literally thrown in at the deep end and while I can dole out resources and websites and apps in their thousands to all who ask me, being thrown into this without making a conscious decision? This has to be a daunting challenge for some! So from a long term home educator a few tips if I may.

1. Fronted Adverbials – across the media this phrase is strewn like some sort of secret weapon designed to trip up parents. First of all let's be clear, a) it can be easily understood if you try, b) it's not the end of the world if you don't, c) there will always be one question that trips you up and d) once past primary it's never coming up again.
2. Have faith in your skills to teach! – Where is the confidence that you can teach your child. Think of the many things you have taught your child, potty training, riding a bike, the list is endless. Yes, teachers are trained to cope with 30 children, to fill in the mountainous load of paperwork and how to assess according to new regimes, how to decode a curriculum and how to teach that across varying age groups – but teaching itself is a skill we all do as parents every day. We teach ourselves new skills and when you potty trained and it didn't go well - you didn't give up, you kept at it – you researched new methods, you asked for help – you didn't desert your children – teaching maths is no different – learn yourself – can you find a method that works for you. I hated long division at school – I re-learnt it before my kids got there and now I wonder what I was worried about.
3. Our kids are NOT a lost generation – what an awful phrase. If your child broke their leg or got glandular fever and missed a few months of school – you wouldn't write the child off forever so don't let mass media creep into your brain
4. Your mental health and also your child's mental health is the most important thing – if something isn't working don't battle – take a break, do something completely different and come back to it.
5. Use this time wisely – learn what your child's strengths and weaknesses are. I never knew my child was a maths whizz because the school was obsessed with his inability to spot the phonetic sounds in words. I got to see his brilliance at maths and we discarded the phonics programme that he hated and he learnt to read another way – spelling is still tough but he prefers our techniques now rather than worrying about phonics.

Home educating is a joy – those of us that do it are well aware of our perceived weirdness, but it's not a mythical hidden skill – you just need to have a bit of faith in your own skill. Let's hope our schools are teaching our own children to have a little more faith in themselves.

Eleanor Caldwell

Covid 19 is a Global Problem that Needs a Global Solution!

International collaborations have given us a growing number of safe and effective vaccines. Now we need to come together again, in a spirit of solidarity, to vaccinate the world because no country is protected until all countries are. I'm delighted to support this important initiative."

Professor Martin McKee, London School of Hygiene & Tropical Medicine

COVID-19: Oxford vaccine creator calls for donations to help people in poorer countries receive a jab

Professor Sarah Gilbert is calling for people to mark the occasion of their jabs by donating to the World Health Organisation.

The co-creator of the Oxford vaccine has called on people to give money to support coronavirus vaccination in poorer countries.

Professor Sarah Gilbert is backing a new campaign launching today, which asks people in the UK to give money to the World Health Organisation COVID-19

relief fund when they receive the date for their coronavirus vaccination.

"We produced and developed the Oxford vaccine as a vaccine for the world," Professor Gilbert said about the campaign, which is called Arm in Arm.

"We are happy to support a new initiative to get COVID vaccines to as many people as possible."

For more details please follow this link:

<https://www.arminarm.net/why-support>

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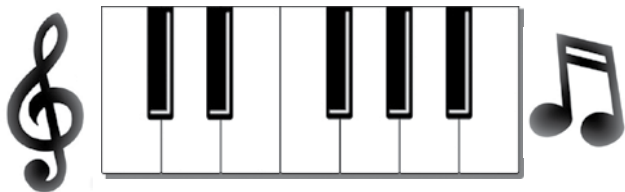
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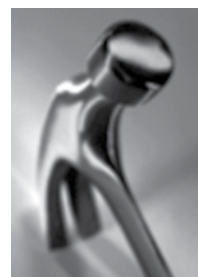
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